



## \*~ Feis Rules

- \*Registration opens Saturday at 7:30am
- \*Competitions start at **8:30am**
- \*Registration will **NOT** be open on Friday
- \*Competitions will be combined when possible, to increase the likelihood of 5+ dancers per competition
- \*Due to venue restrictions, there will be **NO CAMPING**
- \* Championship stage will proceed from *YOUNGEST* to *OLDEST* dancers. Dancers will start with *HARD SHOE*.

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## \*~ Feis Fees

- \*Solo Dancing-\$10.00
- \*Preliminary Championship-\$40.00
- \*Event Fee-\$25.00
- (per family, music only competitors are exempt)
- \*FeisWorx Fee-\$9.00
- \*Family Maximum-\$125.00
- (does not include event fee or shirt)

**ABSOLUTELY NO REFUNDS**

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## \*~ Black-Out Guidelines

- \*No costumes
- \*No wigs
- \*No bling
- \*Black shorts or skirt
- \*White socks or black tights (girls)
- \*Black socks (boys)

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## \*~ Covid Restrictions

- None at this time, but we will follow any changes made by city, state, or venue.
- If the feis is canceled for any reason, all fees will be refunded with the exception of the \$9 Feisworx fee.

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## \*~ Important Registration Notes

- All registrations must be completed at [www.feisworx.com](http://www.feisworx.com)
- Registrations will be accepted until **July 15th** or until the caps are met.
- Registration requests submitted any way other than through Feisworx will not be accepted.
- Registrations must be fully paid in order to be considered complete.
- All fees noted with an asterisk (\*) are NOT included in the family maximum.
- Any payments made on the day of the event must be paid with a credit card. Cash or Checks will NOT be accepted.
- **Any outstanding payments must be made at the registration table on the day of the event in order to be allowed to compete.**
- Changes or additions to completed registrations can be made at [www.feisworx.com](http://www.feisworx.com) until NOON on July 15th. After that time new registrations will incur an additional \$25 late fee.
- Refunds will only be given in the event of a full cancellation of the event, minus a \$9 Feisworx fee.
- Full results will be available at [www.feisworx.com](http://www.feisworx.com) following the completion of the day's competitions.

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## Mid-America Regional Dancing Competition Rules

1. In the case of all solo and team competitions in all grades, the age of a competitor on 1<sup>st</sup> January of the year in which the competition is held will determine the right of entry. For the purposes of this rule a competitor whose birthday occurs on 1<sup>st</sup> January shall be deemed to be under the age attained on that date.
2. Competitors are open to all but those holding a TMRF, TCRG or ADCRG designation. A feis can only accept entries from pupils of teachers registered with An Coimisiun and registered with both the IDTANA and the North American region in which they reside.
3. A competitor may be disqualified for any of the following reasons:
  - a. Conduct unbecoming of a lady or gentleman.
  - b. Failure to report on time to compete. (Penalty: disqualification from said event).
  - c. Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor’s name or number, etc.

Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all NAFC registered Feiseanna for a period of one year beginning at the date of the occurrence.
4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This does not pertain to a situation where competitors are involved in stage conflicts, and such conflicts will be handled by the stage monitor.
5. Steel taps or “bubble” heels on dancing shoes and any display of awards is prohibited. Authentic Gaelic dress is desired.
6. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt/pants and top. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
7. Competitor’s number must be worn and visible to adjudicators when performing in all competitions. Use of reflective plastic number covers is discouraged.
8. The number of awards given is determined by the Feis Committee and is based on the scores and ranks given by the adjudicator(s).
9. Complaints must be in writing stating names and other factual information and signed by the complainant. A \$25.00 fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
10. The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property and/or rental property will be punishable by law.
11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor’s performing time. The decision of the Feis Committee is final in all matters connected with the feis.
12. All Feiseanna must have a process to allow parents to request that their child or children’s name(s) not be listed on the posted competitor list prior to the day of the feis.
13. Competitors must answer all questions as required by the Feis Entry committee, including teacher’s name, and include the entry fee for entry to be accepted. Failure to do so will result in a rejected entry.
14. With the exception of First Feis and Beginner 1 and Beginner 2 (or their equivalent), photography of any kind which has the capability of capturing a dancer’s image while in motion is strictly forbidden.
15. Photography
  - a. With the exception of First Feis, Beginner 1 and Beginner 2 (or their equivalent), photography of any kind which has the capability of capturing a dancer’s image while in motion is strictly forbidden.
  - b. A Feis may elect to allow in motion photography for publicity purposes but eh pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use of sale, and under no circumstances can they be published on any website or other areas without the express written permission of the persons involved.
  - c. Additionally, a professional photographer may be formally contracted by ta Feis to capture non-motion photography, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location:
    - i. Away from the dancing stages and,
    - ii. Requested by a consenting parent, guardian, or dancer (over the age of 18).
16. No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1<sup>st</sup> of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.
17. No substances that can become airborne should be used on any dance floor in an attempt to improve traction.



## Grade Level Rules

1. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner) competitions:
  - a. Must compete in their own age group.
  - b. Must be prepared to perform two steps in each event.
2. With the exception of First Feis and Beginner 1, a dancer's level is determined in each dance (Reel, Light Jig, Single Jig, Slip Jig, Hornpipe, Treble Jig, and Traditional Set). Traditional Set Dances are limited to those dances determined by An Coimisiun Le Rince Gaelacha as traditional set dances.
3. Competitions may be combined with the next higher age group if there are less than 5 competitors entered.
4. Competitions can only be combined up (or down) one age group.
5. Committees may combine three consecutive age groups, in the highest age groups only, when needed to create a competition of five (5) competitors.
6. Boys and girls CANNOT be combined EXCEPT according to the following:
  - a. All boys' competitions below Preliminary Championships shall be initially entered in single year age groups.
  - b. If there are less than 5 entries in any one age group, combination of the competitions shall be done according to the following rules, in order of preferential application:
    - i. Into double All Boys age groups; and
    - ii. If a double All boys age group does not create 5 or more entries, the boys shall instead be combined into the corresponding single year Girls' age group; and
    - iii. If the combined Boys and Girls age group still does not create five (5) or more entries, that competition may be combined with as stated in rule #2.
    - iv. Any competitions so combined shall be run as a single competition.
7. Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region.
8. The syllabus in to contain all grade categories.
9. A Feis Committee may combine two consecutive age categories into the higher of the two categories within that grade when less than five (5) competitors are entered (see Rule #2 above).
10. Competitors have the option to remain in the same category for the remainder of the Feis year.
11. A dancer, at eh discretion of the teacher, may move into the next Grade (not Open Championships) without satisfying the requirements. However, once a dancer competes in the higher level, they can never move back to a lower category, (except as outlined in Rule 1 above).
12. Grade Levels
  - a. **First Feis:** A dancer who has never competed in a Feis. A dancer can only be in this category for a single day and cannot compete at any other level in the Feis. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
  - b. **Beginner 1 (Beginner) Grade:** A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A beginner must move into the Beginner 2/Advanced Beginner category the next year. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
  - c. **Beginner 2 (Advanced Beginner) Grade:** An advanced beginner who wins 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup> place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
  - d. **Novice Grade:** A novice who wins a 1<sup>st</sup> place will advance to the Open (Prizewinner) category in that particular dance.
  - e. **Open Prizewinner Grade:** A competitor who does not qualify as a beginner, advanced beginner or as a novice.
  - f. **Adult Beginner:** An adult beginner is a competitor who never took Irish dancing lessons as a juvenile and is over 18 years of age.
13. First Feis (if offered), Beginner 1, and Beginner 2 are required to dance at traditional speeds. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds.
14. The following dance speeds must be adhered to:

	First Feis	Beg 1	Beg 2	Novice	Prize-winner
Reel	122	122	122	113	113
Light Jig	115	115	115	115	115
Slip Jig	122	122	122	113	113
Single Jig	124	124	124	124	124
Treble Jig			92	73/92	73/92
Hornpipe			138	113/138	113/138

Traditional Sets	Traditional Speeds
St. Patrick's Day	94
Blackbird	144
Job of the Journeywork	138
Three Sea Captains	96
Garden of Daisies	138
Jockey to the Fair	90
King of the Fairies	130

15. First Feis, Beginner 1 and Beginner 2 perform only basic steps to coincide with the Grade Exam Syllabus. (IDTAMA, 1/17/17)
16. Dancers competing in the First Feis category are limited to participating in the First Feis Category only. (IDTAMA, 1/17/17)

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## Championship Level Rules

1. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. A dancer who moves into Open Championship must stay a minimum of 2 years. If after 2 years they have not placed they are allowed to return to Preliminary. An Open Championship dancer who places is not allowed to return to Preliminary until 2 years after their last placement.
2. Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances and Specials, i.e. Treble Reel Competition, etc.
  - a. Dancers must qualify for Open Championship via the method now in place for Preliminary Championship, i.e. two 1<sup>st</sup> place wins.
  - b. Dancers must compete in the Preliminary championship competition in order to qualify for Open Championship
  - c. The regional syllabus where the Feis is being held may have different qualifications for entry.
3. Preliminary Championships are open to those who, at any NAFC recognized Feis:
  - a. A dancer who wins 1<sup>st</sup> place in each of the Open Prizewinner dances (reel, slip Jig, treble jig, and hornpipe) can move into Preliminary Championships with teacher's permission.
  - b. Have never won 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> in Open Championship. A dancer who wins two first place awards will move on to Open Championship at the next Feis they enter, or as soon as the second win is achieved, in any age category, in the following years. Only in the case of back-to-back feiseanna (successive days), in which case the first win in the first Feis will not change the dancer's status for the second Feis. A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men), and a hard shoe dance. A Feis can opt to offer either a) a set dance or b) a jig/hornpipe.
  - c. The regional syllabus where the Feis is being held may have different qualifications for entry.
4. A Mid-America region feis may choose to combine boys and girls in Open Championship competitions when there are less than 5 dancers registered in a particular age category.
5. A Mid-America region feis may choose to combine boys and girls in Open Championship competitions when there are less than 5 dancers registered in a particular age category. (IDTAMA 1/17/17)
6. When there are less than 5 dancers registered in a particular Open Championship age category, the boys and girls WILL be combined
7. The Boys' Open Championship age categories will match the Girls' Open Championship categories. (IDTAMA 1/17/17)
8. Any competitor in Preliminary or Open Championship must have a minimum of 8 rotations or 10 minutes between their rounds. (IDTAMA 1/17/17)

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## Adjudicators & Musicians

1. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
2. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
3. In matters pertaining to adjudication, the decision of the adjudicators is final.
4. Adjudicators are to monitor the quality of music at the stag(s) to which they are assigned.
5. Championships and Preliminary Championships require at least three adjudicators.
6. Each feis is required to list their adjudicator on their syllabus and/or website at least three weeks before the close on entries, one-third of which are to be from outside the region where the Feis is being held.

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## Costume Rules

1. Make up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner 1 and Beginner 2 or their equivalent) up to and including the under 12 age group.
2. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from the at particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.
3. Competitors in girl's competitions at the First Feis (if offered), Beginner 1 and Beginner 2 Grade will wear only the competitor's dancing school costume or a skirt and blouse.
4. In order to compete in Mid-America feiseanna, dancers from the youngest age group up to and including Under 9 in all categories must follow our regional guidelines for U8 and U9 costume rules. This will go into effect January 2015.

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## Modesty Rule – From An Coimisiun

Changing costumes, dressing, and undressing of dancers will not be acceptable in the halls or public areas. For the sake of modesty and in the interest of safety of young people, dancers will not be permitted to walk around the Feis scantily dressed.

**The Feis WILL NOT give any refunds for any reason including consequences for violations of the above rules**

**From CLRG:** Respect for fellow competitors on stage is a requirement at all times.

Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.





## Beginner 2 (Advanced Beginner)

A dancer who has been dancing for more than one year and who has not won a 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> place as Beginner 2 dancer. A dancer who has won a 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup> place in a Beginner 2 dance must move into Novice in that dance no later than January 1<sup>st</sup> of the next calendar year or with teacher's permission as soon as the next Feis (if said Feis has not closed to changes). All hard shoe dances at traditional speeds.

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed).

	GIRLS										BOYS								
	U6	U7	U8	U9	U10	U11	U12	U13	O13		U6	U7	U8	U9	U10	U11	U12	U13	O13
REEL	306RL	307RL	308RL	309RL	310RL	311RL	312RL	313RL	314RL		356RL	357RL	358RL	359RL	360RL	361RL	362RL	363RL	364RL
LIGHT JIG	306LJ	307LJ	308LJ	309LJ	310LJ	311LJ	312LJ	313LJ	314LJ		356LJ	357LJ	358LJ	359LJ	360LJ	361LJ	362LJ	363LJ	364LJ
SLIP JIG	306SJ	307SJ	308SJ	309SJ	310SJ	311SJ	312SJ	313SJ	314SJ										
TREBLE JIG	306TJ	307TJ	308TJ	309TJ	310TJ	311TJ	312TJ	313TJ	314TJ		356TJ	357TJ	358TJ	359TJ	360TJ	361TJ	362TJ	363TJ	364TJ
HORNSPIPE	306HP	307HP	308HP	309HP	310HP	311HP	312HP	313HP	314HP		356HP	357HP	358HP	359HP	360HP	361HP	362HP	363HP	364HP
ST PATRICK DAY	306PD	307PD	308PD	309PD	310PD	311PD	312PD	313PD	314PD		356PD	357PD	358PD	359PD	360PD	361PD	362PD	363PD	364PD

## Novice

A dancer moves into Novice as a result of placing 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> in that dance as indicated in Beginner 2. A dancer who wins 1<sup>st</sup> in a Novice dance must move into Prizewinner level in that dance no later than January 1<sup>st</sup> of the next calendar year or with teacher's permission as soon as the next feis (if said feis has not closed to changes). [All hard shoe dances can be done at either traditional speed or slow speed.](#)

	GIRLS										BOYS									
	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15
REEL	407RL	408RL	409RL	410RL	411RL	412RL	413RL	414RL	415RL	416RL	457RL	458RL	459RL	460RL	461RL	462RL	463RL	464RL	465RL	466RL
LIGHT JIG	407LJ	408LJ	409LJ	410LJ	411LJ	412LJ	413LJ	414LJ	415LJ	416LJ	457LJ	458LJ	459LJ	460LJ	461LJ	462LJ	463LJ	464LJ	465LJ	466LJ
SLIP JIG	407SJ	408SJ	409SJ	410SJ	411SJ	412SJ	413SJ	414SJ	415SJ	416SJ										
TREBLE JIG	407TJ	408TJ	409TJ	410TJ	411TJ	412TJ	413TJ	414TJ	415TJ	416TJ	457TJ	458TJ	459TJ	460TJ	461TJ	462TJ	463TJ	464TJ	465TJ	466TJ
HORNSPIPE	407HP	408HP	409HP	410HP	411HP	412HP	413HP	414HP	415HP	416HP	457HP	458HP	459HP	460HP	461HP	462HP	463HP	464HP	465HP	466HP
TRADITIONAL SET	407TS	408TS	409TS	410TS	411TS	412TS	413TS	414TS	415TS	416TS	457TS	458TS	459TS	460TS	461TS	462TS	463TS	464TS	465TS	466TS

## Prizewinner (Open)

A dancer moves into Prizewinner as a result of placing 1<sup>st</sup> place as indicated in Novice. [All hard shoe dances can be done at either traditional speed or slow speed.](#)

	GIRLS										BOYS									
	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15
REEL	507RL	508RL	509RL	510RL	511RL	512RL	513RL	514RL	515RL	516RL	557RL	558RL	559RL	560RL	561RL	562RL	563RL	564RL	565RL	566RL
LIGHT JIG	507LJ	508LJ	509LJ	510LJ	511LJ	512LJ	513LJ	514LJ	515LJ	516LJ	557LJ	558LJ	559LJ	560LJ	561LJ	562LJ	563LJ	564LJ	565LJ	566LJ
SLIP JIG	507SJ	508SJ	509SJ	510SJ	511SJ	512SJ	513SJ	514SJ	515SJ	516SJ										
TREBLE JIG	507TJ	508TJ	509TJ	510TJ	511TJ	512TJ	513TJ	514TJ	515TJ	516TJ	557TJ	558TJ	559TJ	560TJ	561TJ	562TJ	563TJ	564TJ	565TJ	566TJ
HORNSPIPE	507HP	508HP	509HP	510HP	511HP	512HP	513HP	514HP	515HP	516HP	557HP	558HP	559HP	560HP	561HP	562HP	563HP	564HP	565HP	566HP
TRADITIONAL SET	507TS	508TS	509TS	510TS	511TS	512TS	513TS	514TS	515TS	516TS	557TS	558TS	559TS	560TS	561TS	562TS	563TS	564TS	565TS	566TS



## Preliminary Championship

A dancer who wins 1<sup>st</sup> place in each of the Open dances (reel, slip-jig, treble jig and hornpipe) can move into Preliminary Championships with teacher’s permission. Boys and Girls will compete against each other, however if there are at least 5 boys entered, the boys will be moved into a separate competition. In cases where a Feis elects to split a competition due to a large entry, the split must be done by birth date age in the same manner as the North American Championships. Dancers will perform 48 bars of the reel or 40 bars of the slip-jig and 40 bars of the hornpipe or 48 bars of the treble jig. Preliminary Championship will be judged and scored by all 3 judges. In addition, awards will also be posted for each solo round (light and heavy round) based on the scores of one judge (different judges scores for light and heavy).

	<b>U9</b>	<b>U10</b>	<b>U11</b>	<b>U12</b>	<b>U13</b>	<b>U14</b>	<b>U15</b>	<b>U16</b>	<b>U17</b>	<b>O17</b>
<b>Preliminary Championship</b>	609PC	610PC	611PC	612PC	613PC	614PC	615PC	616PC	617PC	618PC

Competitions will begin with HARD SHOE first, followed by SOFT SHOE for the second round. No set dance competitions are offered for Preliminary Championship competitors.



Competitions will begin with HARD SHOE first, followed by SOFT SHOE for the second round. ALL Open Championship dancers will be required to dance their set dance following the soft shoe round.

