



\*Registration opens Saturday at 7:30am

\*Competitions start at **8:30am**

\*Registration will **NOT** be open on Friday

\*Competitions will be combined when possible, to increase the likelihood of 5+ dancers per competition

\*Due to venue restrictions, there will be absolutely **NO CAMPING**

\* Championship stage will proceed from **YOUNGEST to OLDEST** dancers. Dancers will start with **HARD SHOE.**

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### Feis Fees

|                                                |       |
|------------------------------------------------|-------|
| Grades Competition<br>(per dance)              | \$12  |
| Preliminary Championship                       | \$45  |
| Event Fee*                                     | \$20  |
| FeisWorx Service Fee                           | \$9   |
| Family Maximum<br>(does not include event fee) | \$140 |
| Late Fee<br>(begins Friday, July 12)*          | \$25  |
| Change Fee<br>(begins July 22nd)*              | \$15  |
| Day of Registration Fee*                       | \$50  |

### ABSOLUTELY NO REFUNDS

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### Cancellation Policy

-If the feis is canceled for any reason, all fees will be refunded with the exception of the \$9 Feisworx fee.

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## Important Registration Notes

- All registrations must be completed at [www.feisworx.com](http://www.feisworx.com)
- Registrations will be accepted until **July 22nd** or until the caps are met.
- Registration requests submitted any way other than through Feisworx will not be accepted.
- Registrations must be fully paid in order to be considered complete. • All fees noted with an asterisk (\*) are NOT included in the family maximum.
- Any payments made on the day of the event must be paid with a credit card. Cash or Checks will NOT be accepted.
- **Any outstanding payments must be made at the registration table on the day of the event in order to be allowed to compete.**
- Changes or additions to completed registrations can be made at [www.feisworx.com](http://www.feisworx.com) until NOON on July 22nd. After that time new registrations will incur an additional \$25 late fee.
- Refunds will only be given in the event of a full cancellation of the event, minus a \$9 Feisworx fee.
- Full results will be available at [www.feisworx.com](http://www.feisworx.com) following the completion of the day's competitions.

## Mid-America Regional Dancing Competition Rules

1. In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.
2. Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. A feis can only accept entries from pupils of teachers registered with An Coimisiun and registered with both the IDTANA and the North American region in which they reside.
3. A competitor may be disqualified for any of the following reasons:
  - a. Conduct unbecoming a lady or gentleman.
  - b. Failure to report on time to compete. (Penalty: disqualification from said event)
  - c. Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor’s name or number, etc.  
  
Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all registered Feiseanna for a period of one year beginning at the date of the occurrence.
4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This does not pertain to a situation where competitors are involved in stage conflicts, and such conflicts will be handled by the stage monitor.
5. Steel taps or “bubble” heels on dancing shoes and any display of awards is prohibited. Authentic Gaelic dress is desired.
6. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt/pants and top. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
7. Competitor’s number must be worn and visible to adjudicators when performing in all competitions. Use of reflective plastic number covers is discouraged.
8. The number of awards given is determined by the Feis Committee and is based on the scores and ranks given by the adjudicator(s).
9. Complaints must be in writing stating names and other factual information and signed by the complainant. A \$25.00 fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
10. The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property and/or rental property will be punishable by law.
11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor’s performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
12. All Feiseanna must have a process to allow parents to request that their child or children’s name(s) not be listed on the posted competitor list prior to the day of the Feis.
13. Competitors must answer all questions as required by the Feis Entry committee, including teacher’s name, and include the entry fee for entry to be accepted. Failure to do so will result in a rejected entry.
14. With the exception of First Feis and Beginner 1 the status of the dancer does not change unless there are five or more dancers in the competition.
15. Photography
  - a. With the exception of First Feis, Beginner 1 and Beginner 2 (or their equivalent), photography of any kind which has the capability of capturing a dancer’s image while in motion is strictly forbidden.
  - b. A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under

no circumstances can they be published on any website or other areas, without the express written permission of the persons involved.

c. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location:

- i. away from the dancing stages and,
- ii. requested by a consenting parent, guardian, or dancer (over the age of 18).

16. No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.

17. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.

18. A dancer may not compete in two different levels in the same dance at the same feis. (IDTAMA, 6/1/2024)

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### Grade Level Rules

1. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner) competitions:
  - a. Must compete in their own age group.
  - b. Must be prepared to perform two steps in each event.
2. With the exception of First Feis and Beginner 1, a dancer's level is determined in each dance (Reel, Light Jig, Single Jig, Slip-Jig, Hornpipe, Treble Jig, and Traditional Set). Traditional Set Dances are limited to those dances determined by An Coimisiun Le Rince Gaelacha as traditional set dances.
3. A Feis Committee may combine competitions if there are less than 5 competitors entered as follows:
  1. Two consecutive age groups, combined into the higher of the two groups, within that grade.
  2. Three consecutive age groups, combined into the highest age group, within that grade.
  3. All Boys' grades competitions shall be initially entered in single year age groups within that grade.
  4. If there are less than 5 Boys entered in any one age group within that grade, competitions may be combined in the following order:
    - a. Double, All Boys, age group into the higher of the two groups within that grade
    - b. If a double, All Boys age group does not create 5 or more entries, the Boys shall be combined into the corresponding single year Girls' age group.
    - c. If the combined Boys and Girls age group still does not create 5 or more entries, that competition may be combined as stated in rule #2 above.
  5. 100 and 200 level competitions may be combined as follows:
    - a. Ages under 8 and below, CANNOT be combined with other age groups within that grade, but Boys and Girls may be combined in the corresponding single year Girls' age group within that grade.
    - b. Ages under 9 and above may first be combined into 2 consecutive age groups within that grade. If the combined competition still does not create 5 or more entries, that competition may be combined using rules 2, 3 and 4 above.
4. Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region.
5. The syllabus is to contain all grade categories.
6. Competitors have the option to remain in the same category for the remainder of the Feis year.
7. A dancer, at the discretion of the teacher, may move into the next Grade (not Open Championships) without satisfying the requirements. However, once a dancer competes in the higher level, they can never move back to a lower category, (except as outlined in Rule 1, above).
8. Grade Levels





- Competitors in girl's competitions at the First Feis (if offered), Beginner 1 and Beginner 2 Grade will wear only the competitor's dancing school costume or a skirt/pants and top.
- Length of costume must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to wear black tights (of a denier not less than 70 percent) in order to continue in the competition. For competitions adjudicated by a panel of more than one adjudicator, all adjudicators on the panel must agree to asking the dancer to wear tights. Effective March 1, 2022.
- Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage. Dancers wearing undergarments that do not cover the areas of the body as in the illustrated example will be asked to put on black tights of a denier of not less than 70%. This is monitored by the adjudicator. For competitions adjudicated by a panel of more than one adjudicator all adjudicators on the panel must agree to ask the dancer to put on tights. Effective March 1, 2022

**Modesty Rule – From An Coimisiun**

Changing costumes, dressing and undressing of dancers will not be acceptable in the halls or public areas. For the sake of modesty and in the interests of safety of young people, dancers will not be permitted to walk around the feis scantily dressed.

Respect for fellow competitors on stage is a requirement at all times.

Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.

**The Feis WILL NOT give any refunds for any reason including consequences for violations of the above rules**

**Numbering System**

|                                                           |                                                                                                                                             |
|-----------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|
| <b>1<sup>st</sup> Digit</b>                               | Level Category: FIRST FEIS Dances all begin with "1", BEGINNER 1 with "2", and so forth                                                     |
| <b>2<sup>nd</sup> and 3<sup>rd</sup> Digits</b>           | Age Group, Girls begin at 01 and Boys begin at 51.<br>So "05" means girls under 5, while 61 means boys under 11.<br>99 is for ADULT dancers |
| <b>4<sup>th</sup> and 5<sup>th</sup> Digits (Letters)</b> | Competition Type: RL = REEL LJ = LIGHT JIG SJ = SLIP JIG TJ = TREBLE JIG<br>HP = HORNPIPE PD = ST PATRICK DAY TS = TRADITIONAL SET ...      |
| <b>Last Digit</b>                                         | Competitions ending with 2 signify SECOND CHANCE competitions                                                                               |

**AGE GROUP:** your age group is determined by the YEAR the competitor was born. This changes from year to year!

|                 |           |           |           |           |           |            |            |            |            |            |            |            |            |            |
|-----------------|-----------|-----------|-----------|-----------|-----------|------------|------------|------------|------------|------------|------------|------------|------------|------------|
| <b>For 2024</b> | <u>U5</u> | <u>U6</u> | <u>U7</u> | <u>U8</u> | <u>U9</u> | <u>U10</u> | <u>U11</u> | <u>U12</u> | <u>U13</u> | <u>U14</u> | <u>U15</u> | <u>U16</u> | <u>U17</u> | <u>U18</u> |
| <b>Born in:</b> | 2019      | 2018      | 2017      | 2016      | 2015      | 2014       | 2013       | 2012       | 2011       | 2010       | 2009       | 2008       | 2007       | 2006       |

PLEASE NOTE: Age groupings beginning with "O" mean THAT age AND over (example O11 means 11 and older)





|                 | GIRLS |       |       |       |       |       |       |       |       |       | BOYS  |       |       |       |       |       |       |       |       |       |
|-----------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
|                 | U7    | U8    | U9    | U10   | U11   | U12   | U13   | U14   | U15   | O15   | U7    | U8    | U9    | U10   | U11   | U12   | U13   | U14   | U15   | O15   |
| REEL            | 407RL | 408RL | 409RL | 410RL | 411RL | 412RL | 413RL | 414RL | 415RL | 416RL | 457RL | 458RL | 459RL | 460RL | 461RL | 462RL | 463RL | 464RL | 465RL | 466RL |
| LIGHT JIG       | 407LJ | 408LJ | 409LJ | 410LJ | 411LJ | 412LJ | 413LJ | 414LJ | 415LJ | 416LJ | 457LJ | 458LJ | 459LJ | 460LJ | 461LJ | 462LJ | 463LJ | 464LJ | 465LJ | 466LJ |
| SLIP JIG        | 407SJ | 408SJ | 409SJ | 410SJ | 411SJ | 412SJ | 413SJ | 414SJ | 415SJ | 416SJ |       |       |       |       |       |       |       |       |       |       |
| TREBLE JIG      | 407TJ | 408TJ | 409TJ | 410TJ | 411TJ | 412TJ | 413TJ | 414TJ | 415TJ | 416TJ | 457TJ | 458TJ | 459TJ | 460TJ | 461TJ | 462TJ | 463TJ | 464TJ | 465TJ | 466TJ |
| HORNSPIPE       | 407HP | 408HP | 409HP | 410HP | 411HP | 412HP | 413HP | 414HP | 415HP | 416HP | 457HP | 458HP | 459HP | 460HP | 461HP | 462HP | 463HP | 464HP | 465HP | 466HP |
| TRADITIONAL SET | 407TS | 408TS | 409TS | 410TS | 411TS | 412TS | 413TS | 414TS | 415TS | 416TS | 457TS | 458TS | 459TS | 460TS | 461TS | 462TS | 463TS | 464TS | 465TS | 466TS |

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### Prizewinner (Open)

A dancer moves into Prizewinner as a result of placing 1<sup>st</sup> place as indicated in Novice. All hard shoe dances can be done at either traditional speed or slow speed.

|                 | GIRLS |       |       |       |       |       |       |       |       |       | BOYS  |       |       |       |       |       |       |       |       |       |
|-----------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
|                 | U7    | U8    | U9    | U10   | U11   | U12   | U13   | U14   | U15   | O15   | U7    | U8    | U9    | U10   | U11   | U12   | U13   | U14   | U15   | O15   |
| REEL            | 507RL | 508RL | 509RL | 510RL | 511RL | 512RL | 513RL | 514RL | 515RL | 516RL | 557RL | 558RL | 559RL | 560RL | 561RL | 562RL | 563RL | 564RL | 565RL | 566RL |
| LIGHT JIG       | 507LJ | 508LJ | 509LJ | 510LJ | 511LJ | 512LJ | 513LJ | 514LJ | 515LJ | 516LJ | 557LJ | 558LJ | 559LJ | 560LJ | 561LJ | 562LJ | 563LJ | 564LJ | 565LJ | 566LJ |
| SLIP JIG        | 507SJ | 508SJ | 509SJ | 510SJ | 511SJ | 512SJ | 513SJ | 514SJ | 515SJ | 516SJ |       |       |       |       |       |       |       |       |       |       |
| TREBLE JIG      | 507TJ | 508TJ | 509TJ | 510TJ | 511TJ | 512TJ | 513TJ | 514TJ | 515TJ | 516TJ | 557TJ | 558TJ | 559TJ | 560TJ | 561TJ | 562TJ | 563TJ | 564TJ | 565TJ | 566TJ |
| HORNSPIPE       | 507HP | 508HP | 509HP | 510HP | 511HP | 512HP | 513HP | 514HP | 515HP | 516HP | 557HP | 558HP | 559HP | 560HP | 561HP | 562HP | 563HP | 564HP | 565HP | 566HP |
| TRADITIONAL SET | 507TS | 508TS | 509TS | 510TS | 511TS | 512TS | 513TS | 514TS | 515TS | 516TS | 557TS | 558TS | 559TS | 560TS | 561TS | 562TS | 563TS | 564TS | 565TS | 566TS |

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### Preliminary Championship

A dancer who wins 1<sup>st</sup> place in each of the Open dances (reel, slip-jig, treble jig and hornpipe) can move into Preliminary Championships with teacher’s permission. Boys and Girls will compete against each other, however if there are at least 5 boys entered, the boys will be moved into a separate competition. In cases where a Feis elects to split a competition due to a large entry, the split must be done by birth date age in the same manner as the North American Championships. Dancers will perform 48 bars of the reel or 40 bars of the slip-jig and 40 bars of the hornpipe or 48 bars of the treble jig. Preliminary Championship will be judged and scored by all 3 judges. In addition, awards will also be posted for each solo round (light and heavy round) based on the scores of one judge (different judges scores for light and heavy).

|                          | U9    | U10   | U11   | U12   | U13   | U14   | U15   | U16   | U17   | O17   |
|--------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Preliminary Championship | 609PC | 610PC | 611PC | 612PC | 613PC | 614PC | 615PC | 616PC | 617PC | 618PC |

Competitions will begin with HARD SHOE first, followed by SOFT SHOE for the second round. No set dance competitions are offered for Preliminary Championship competitors.

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Competitions will begin with HARD SHOE first, followed by SOFT SHOE for the second round. ALL Open Championship dancers will be required to dance their set dance following the soft shoe round.